

Finding Out About Benefits

You may be eligible for a Survivor's Pension, Allowance for the Survivor, and/or CPP Death Benefit. You can either ask about these when you call Service Canada OR visit the following web sites:

Survivor's Pension:

http://www.esdc.gc.ca/en/cpp/survivor_pension.page

CPP Death Benefit:

<https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-death-benefit.html>

Allowance for the Survivor:

http://www.esdc.gc.ca/en/cpp/oas/allowance_survivor.page

After the loss of a loved one, legal and emotional concerns:

<https://novascotia.ca/sns/pdf/after-the-loss-of-a-loved-one.pdf>

Caregivers Nova Scotia- after a death resource:

<https://caregiversns.org/resources/peolc/after-death-has-occurred/>

Your health is important too. If you are feeling overwhelmed, seek support from the Department of Health and Wellness Nova Scotia:

<https://novascotia.ca/dhw/ccs/>

1 800 225 7225

Refer to the pamphlet *Grief and Loss* to learn about self-care and common experiences related to grief.

Refer to the pamphlet *Resources for Bereavement, Grief and Loss* to learn about services and resources to help you understand and cope with your grief.

PRIVATE PENSIONS AND FINANCIAL INSTITUTIONS

- If you are unsure if the deceased had private life insurance, or a private pension, contact their most recent employer. You can also try to find a recent benefit statement among their belongings.
- Contact any banks or other financial institutions with which the deceased was involved.

Online Resources

1. See SPA-LTC website for more resources <https://spaltc.ca/resource-library/>

Contact Us

SPA-LTC Team
McMaster University
spaltc@mcmaster.ca
www.spaltc.ca

What to Do After a Death

A GUIDE TO LEGAL, FINANCIAL AND GOVERNMENTAL FORMALITIES



TRANSFERRING THE BODY

When a family member or friend dies in long-term care, their body must be transferred. If you have pre-selected a funeral home, crematorium or transfer service, you or the long-term care home can **call them immediately** to retrieve the body. If a funeral home or crematorium has not been chosen, a family member or executor will need to **select one immediately**.

If you are unsure how to select a funeral home, crematorium or transfer service, you can contact the Government of Nova Scotia-Preparing for Death and Dying resource at: <https://www.nshealth.ca/documents-and-reports/preparing-death-and-dying-guide-people-life-limiting-illness-their-families>

Consulting A Will

If you know there is a will, check to see who is listed as the executor. This person will be responsible for carrying out the deceased person's wishes. Legal info Nova Scotia has a number of resources to support people from understanding what a will is and how to make one, to what happens if I die without a will:

<https://www.legalinfo.org/>

If you would rather speak to someone, call:

902 455 3135 or 1800 665 9779 toll free.

Email questions or live chat are also available.

This service is available in French and English

Notifying Federal and Provincial Agencies

When someone dies, there are a number of organizations that need to be informed. Most of these organizations will require a death certificate, which can be obtained **online at**:

<https://beta.novascotia.ca/apply-death-certificate>

To support notification of agencies you will need the death certificate and the two agencies below provide support and advice of who needs notification.

After the loss of a loved one, legal and emotional concerns. Govt Nova Scotia.
<https://novascotia.ca/sns/pdf/after-the-loss-of-a-loved-one.pdf>

Caregivers NS after a death.
<https://caregiversns.org/resources/peolc/after-death-has-occurred/>

Provincial

Government of Nova Scotia
<https://beta.novascotia.ca/sites/default/files/documents/1-579/after-loss-loved-one-guide-legal-and-emotional-concerns-en.pdf>

Federal

Service Canada

Cancel OAS and CPP benefits. Check if you qualify for a Survivor's Benefit or CPP Death Benefit
1-800-277-9914

Canada Revenue Agency

File a final income tax claim
1-800-959-8281

Veterans Affairs Canada

Cancel a Veteran's pension and check if you qualify for death benefits
1-866-522-2122

Canada Post

Return incoming mail to senders
1-866-607-6301

Citizenship and Immigration Canada

Cancel a valid passport
1-800-567-6868