

Refer to the pamphlet *Grief and Loss* to learn about self-care and common experiences related to grief.

Refer to the pamphlet *Resources for Bereavement, Grief and Loss* to learn about services and resources to help you understand and cope with your grief.

PRIVATE PENSIONS AND FINANCIAL INSTITUTIONS

- If you are unsure if the deceased had private life insurance, or a private pension, contact their most recent employer. You can also try to find a recent benefit statement among their belongings.
- Contact any banks or other financial institutions with which the deceased was involved.

Your health is important too. If you are feeling overwhelmed, seek support from:

The Caregivers Guide

Practical information for caregivers of older adults in NB

<https://drupal.socialsupportsnb.ca/sites/default/files/2019-03/CaregiversGuide.pdf>

Social Supports NB

Services for Seniors 1-833-733-7835

www.socialsupportsnb.ca

Finding Out About Benefits

You may be eligible for a Survivor's Pension, Allowance for the Survivor, and/or CPP Death Benefit. You can either ask about these when you call Service Canada OR visit the following web sites:

Survivor's Pension:

http://www.esdc.gc.ca/en/cpp/survivor_pension.page

CPP Death Benefit:

<https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-death-benefit.html>

Allowance for the Survivor:

http://www.esdc.gc.ca/en/cpp/oas/allowance_survivor.page

Online Resources

1. See SPA-LTC website for more resources <https://spaltec.ca/resource-library/>

What to Do After a Death

A GUIDE TO LEGAL, FINANCIAL AND GOVERNMENTAL FORMALITIES



Contact Us

SPA-LTC Team

ScalingUpSpaLtc@gmail.com

www.spaltec.ca

TRANSFERRING THE BODY

When a family member or friend dies in long-term care, their body must be transferred. If you have pre-selected a funeral home, crematorium or transfer service, you or the long-term care home can **call them immediately** to retrieve the body. If a funeral home or crematorium has not been chosen, a family member or executor will need to **select one immediately**.

Help finding after-death care and services: (506) 473-3494

<http://nbfuneraldirectors.ca/>

Consulting A Will

If you know there is a will, check to see who is listed as the executor. This person will be responsible for carrying out the deceased person's wishes. If you are not sure if there is a will, you can contact the estates division of the local Ontario court in the area the person lived, to check if a will has been filed. If there is no will, you may want to contact an attorney to decide who administers the estate and files the deceased person's final tax return.

For more information on will and legal issues following the death of someone, contact:

Public Legal Education and Information Service of New Brunswick (PLEIS-NB)

Free legal information.

Toll-free 1-888-236-2444 or 506-453-5369

www.legal-info-legale.nb.ca/en/wills_and_estate_planning

Notifying Federal and Provincial Agencies

When someone dies, there are a number of organizations that need to be informed. Most of these organizations will require a death certificate, which can be obtained **from: Service NB: Vital Statistics Branch registers deaths and provides death certificates for deaths that have occurred in the Province of NB. You can apply for a death certificate in-person, online or by mail. Contact: 506-453-2385 Toll Free: 1-888-762-8600 Mon-Fri 8:15-4:30**

www2.snb.ca/content/snb/en/services/services_renderer.17478.DeathCertificate.html

Provincial

Government of New Brunswick Medicare Insurance Plan

**Cancel coverage by contacting the Ministry of Health and completing the medicare change request form
1-888-762-8600 (toll free)**

www.pxw1.snb.ca/snb7001/e/1000/CSS-FOL-35-5210E.pdf

Motor Vehicle Registration and Insurance Transfer or Cancel Registration through Service NB. Find a location: <https://www2.snb.ca/content/snb/en/location/content/service-centre.html>

Federal

Service Canada

Cancel OAS and CPP benefits. Check if you qualify for a Survivor's Benefit or CPP Death Benefit
1-800-277-9914

Canada Revenue Agency

File a final income tax claim
1-800-959-8281

Veterans Affairs Canada

Cancel a Veteran's pension and check if you qualify for death benefits
1-866-522-2122

Canada Post

Return incoming mail to senders
1-866-607-6301

Citizenship and Immigration Canada

Cancel a valid passport
1-800-567-6868